

<b>S.No.</b>	<b>Qualification Title</b>	<b>Code &amp; Level</b>	<b>Duration</b>
1	Post Graduate Diploma in Cosmetology	ODQ1	1 ½ years

## **BEAUTY THERAPY**

### **BASIC (LEVEL – I)**

1. Cosmetology
2. Professional Ethics
3. Hygiene
4. Personality Development
5. Sterilization & Sanitation
6. Micro Organisms
7. Physiology And Histology Of The Skin
8. Shaping of Eyebrows
9. Bleach – Lather, Cream, Protein
10. Preparation Of Facial
11. Cleansing Routine
12. Skin Analysis
13. Exfoliation
14. Facial Massage Steps
15. Toning
16. Moisturizing
17. Different Face Masks/Packs
18. Steaming/Vapozone
19. Brushing Unit

**BASIC (LEVEL –II)**

1. Fruit Facial
2. Paraffin Facial
3. Nail Anatomy
4. Nail Diseases & Disorders
5. Basic Manicure
6. Basic Pedicure
7. Superficial Hair Removal Techniques
8. Paraffin Wax Manicure
9. Paraffin wax Pedicure
10. Skin Diseases and Disorders
11. Cosmetic Science

**ADVANCE (LEVEL – III)**

1. Chemical Ingredients
2. First Aid, Health & Safety
3. Electricity
4. Brushing
5. Facial Galvanic – Disincrustation
6. Facial Galvanic – Ionization
7. Vacuum Suction & Infra-red lamp
8. High frequency – Direct
9. High frequency – Indirect
10. Facial faradic + Thermo herb
11. Ultrasonic
12. Common Terms of Dermatology
13. Face Analysis

**CHEMICAL PEELS**

1. Glycolic
2. Tri Chloro-acetic Acid

## **HAIR DESIGNING**

### **BASIC (LEVEL -I)**

1. Introduction to Hair Dressing
2. Professional Image
3. Hygiene, Sanitation & Sterilization
4. Health ,Safety, Hazards and Risk
5. Tools Knowledge
6. Anatomy of Hair and Scalp
7. Hair Disorders
8. Shampoo and Conditioning
9. Prepare and maintain the work area
10. Indian Head Massage
11. Sectioning all types

### **BASIC (LEVEL - II)**

1. Thermal Styling
  - Ironing
  - Crimping
  - Tonging
  - Hot Rollers Setting
  - Blow Drying Techniques
  - Velcro Rollers Setting
  - Waving
2. Hair Cuts
  - Straight Cut
  - U Cut
  - V Cut
  - Hair Trimming
  - Removing Split Ends
  - Basic Layer
  - Feather
  - Reverse Graduation
  - Blunt Cut (Baby Girl)
  - Basic Bob Cut (Female)
  - Scissors Over Comb(Basic Male Cut)

3. Hair Coloring
  - Basic Knowledge of Coloring
  - Color Wheel
  - Global Coloring with Base Color
4. Herbal Treatment
5. Head Henna Application
6. Hair Do's
  - Braids
    - 2 And 3 Strands
    - 4 and 5 Mat
    - Rope
    - French
    - Dutch
    - Fish Tail
    - Professional Pony
  - Front Style
    - Twisting
    - Puff
    - Side French
  - Hair Buns
    - Apple
    - High
    - French
    - Multiple Rolls
    - Rose
7. Client Record Sheet

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**ADVANCE (LEVEL - III)**

1. Anatomy Of Hair And Scalp
2. Prepare And Maintain The Work Area
3. Hair Cuts
  - Uniform Layers
  - Graduation
  - Basic Concave
  - Long Shake
  - Razor
  - Multi Layers
  - Triangular Graduation
  - Disconnected Layers
  - A-Line Bob (Female)
  - Round Textured Bob (Female)
  - Stepped Bob (Female)
  - Flat Graduation (Male)
  - Classic Stacker (Male)
  - Clipper Guard (Male)
4. Hair Coloring
  - Advance Knowledge of Coloring
  - Color Wheel
  - Global Coloring with Fashion Color
  - Female Streaking- Weaving/Slice/Chunk/Tipping /Duo
  - Male Streaking – Frosting /Foil/Freehand
5. Professional Deep Conditioning
6. Cosmetic Professional Treatments
  - Dandruff
  - Hair Loss
  - Hair Spa
7. Salon Management
8. Hair Straightening
9. Hair Perming

## 10. Hair Do's

- Braids
  - Mermaid
  - Waterfall
  - Boho
  - Ladder Braids
- Front Style
  - High
  - Low
  - Back
  - Slant puffs
- Hair Buns
  - Side
  - Donut
  - Bengali
  - Twisted
  - Indian Bridal
  - Ramp
- Open Hair Styles

## 11. Client Record and Analyzing Sheets

# MAKE UP

## MAKE-UP (LEVEL – I)

1. Self-Evening Make-up
2. Self-Day Make-up

**ART OF MAKE UP (LEVEL – II)**

1. Colour Theory
2. Product Knowledge
3. Tools and Equipment
4. Understanding of Face Shapes
5. Hygiene and Sanitation
6. Corrective Make-up (nose, eyes, lips)
7. Day Dew Natural look / glossy look
8. Day Party / Evening
9. Engagement / Shagun look
10. Reception look
11. Indian Ethnic Bridal look Day/ Night and Eyelash Application
12. Groom make up
13. Foundation Theory
  - Supra
  - Derma
14. Make-Up Chart

**PROFESSIONAL MAKE UP (LEVEL – III)**

1. Foundation Theory – Ultra
2. Knowledge of Neutralizers
3. Colour Wheel
4. Eye Makeup's 5 types and Eye Lash Application
5. Red Carpet Look
6. Media Make Up look
7. Fantasy
8. Cut, Burn, Bleeding
9. Modern Bridal Look
10. Bronze Tan Look
11. Make-Up Chart

## **NAIL ART & EXTENSIONS**

### **NAIL ART (LEVEL - I)**

1. Characters
2. Brush work
3. Accessory use
4. Glitter work
5. Nail shapes
6. Nail polish use
7. Needle work
8. Acrylic color
9. Foil work
10. Marble work
11. Sponge work

### **NAIL EXTENSIONS (LEVEL - III)**

1. Acrylic Extensions
  - Clear Job
  - French Tip
  - Refilling
  - Removal
2. Gel Extensions
  - Clear Job
  - French Tip
  - Refilling
  - Removal



## **MEHANDI APPLICATION**

1. Making of cone
2. Preparation of Mehandi
3. Mehandi Application
4. Mehandi Characters
5. Styles
  - Rajasthani
  - Arabic
  - Bridal
  - Pakistani

## **BODY THERAPY**

### **BODY THERAPY (LEVEL – III)**

1. The Skeleton System
2. Muscular System
3. Cells
4. Tissue
5. Metabolism
6. Figure Diagnosis
7. Body Massage
8. Cellulite
9. Lymphatic System
10. G – 5
11. Body Faradic
12. Vacuum Suction
13. Nutrition
14. Personal Health, Hygiene & Present
15. Heat Treatment
16. Electricity
17. Exercise

## **SPA THERAPY**

### **SPA THERAPY (LEVEL – III)**

1. What Is SPA
2. Spa Etiquettes
3. The Skeleton System
4. Muscular System
5. Lymphatic System
6. Body Wraps
7. Body Scrub
8. Body Polishing
9. Swedish Massage
10. Aroma Therapy
  - Aroma Body Massage
  - Aroma Facial
  - Aroma Manicure
  - Aroma Pedicure
11. Spa Manicure
12. Spa Pedicure
13. Indian Head Massage
14. Reflexology
15. Potli Massage
16. Room Set-Up
17. Bed Set-Up
18. Towel Art